

## THINGS TO EXPECT AFTER VISIAN ICL SURGERY

Most patients notice significant improvement in their vision following their Visian ICL procedure four hour pressure check. However, you will not be able to drive yourself home the day of your procedure.

- Please have someone available to drive you on the day of your procedure; you will not be able to drive yourself home.
- Please have someone available to drive to you to four hour pressure check following your procedure (this is most often at 260 Tremont location)

The majority of patients can see well enough to drive themselves to their one day post operative appointment and even return to work the day after surgery. However, everyone heals differently, and therefore everyone experiences improvement in their vision at their own pace.

- Please have someone available to drive you to your 1 day post operative appointment on the possibility you are not feeling comfortable enough with your vision to drive yourself.

Within 24 hours of undergoing the Visian ICL surgery, you will have 2 follow-up visits with the ophthalmologist/Optomtrist. The physician will monitor the eye's internal pressure and will discuss your progress. At this visit you may be instructed to take additional medication to lower pressure if needed.

- It is critical you follow the physician instructions, especially regarding the needed use of antibiotics, anti-inflammatory and pressure lowering medications during the week following the procedure.
- PLEASE REMEMBER TO BRING YOUR POST OPERATIVE KIT, which includes your eye drops, along to your 4 hour, 1 day and 1 week post operative visits as the physician(s) will want to review your drop regimen with you at each visit.

Improved vision may be evident the same day as the Visian ICL procedure, and you can expect a quick visual recovery. While most patients experience little to no pain, some discomfort after the procedure is always a possibility. If you feel discomfort, it could last between 1 and 2 days. This is normal. **If you experience pain, headache, nausea and or decrease in vision, call the office immediately.** This is not normal.

You may experience any of the following symptoms after your procedure and these are all normal:

- Blurriness within the first few hours
- Vision may get blurry toward the evening of surgery
- Sight discomfort
- Light sensitivity
- A scratchy, gritty or burning sensation
- More tearing than usual
- Temporary halos around lights at night
- If you have discomfort, you may take Advil, Nuprin, Aleve, Tylenol, or Aspirin for relief

The best way to manage any discomfort and to heal properly is to rest and keep your eyes closed. Use your tears frequently. If you experience any pain that you believe is not normal, do not hesitate to call us at 1-617-636-4600.